

small cell lung cancer consolidation or concomitant RT

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δήλωση συμφερόντων

- δηλώνω ότι δεν έχω (προσωπικά ή ως μέλος εργασιακής/ερευνητικής ομάδας) ή μέλος της οικογένειάς μου οποιοδήποτε οικονομικό ή άλλου είδους όφελος από τις εταιρείες/επιχειρήσεις που διοργανώνουν/χρηματοδοτούν την άνω εκδήλωση κατά τη διάρκεια των τελευταίων 4 ετών

outline

- basics of SCLC
- Limited Stage SCLC (LS - SCLC)
 - role of thoracic RT
 - sequential vs. concurrent
 - timing of RT relative to chemotherapy
 - radiotherapy dose/fractionation
- Extensive Stage (ES - SCLC)
 - consolidative or concurrent?
- RT approach

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epidemiology

- 5-20% of all lung cancers
- incidence decreasing
- >95% associated with tobacco
- average age increasing (60% \geq 70 years old)
- most important prognostic factors:
 - stage
 - KPS

work up

- H&P
- labs:
 - CBC
 - BUN/Crea
 - LDH
- imaging:
 - CT chest/abdomen
 - bone scan or PET scan
 - MRI brain
- pathology:
 - FNA (EBUS- or CT-guided)
- smoking cessation referral

role of PET

- role of PET for SCLC staging not clearly established
- PET for RT planning: 1 study showed a change of RT fields in 25% of cases with the use of PET
- selective nodal irradiation with the use of PET showed only 3% nodal failure rate and 50% decreased esophagitis

staging

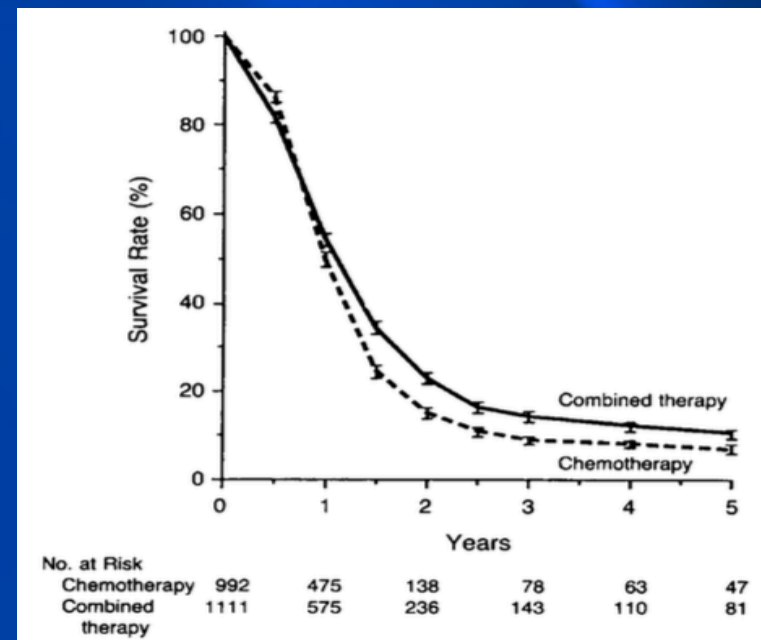
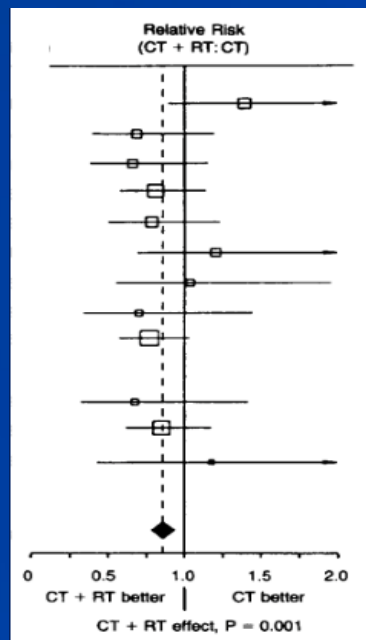
- role of PET for SCLC staging not clearly established
- LS-SCLC: 1/3 at diagnosis
 - confined to the ipsilateral hemithorax
 - can be safely encompassed within a tolerable RT field
 - contralateral hilar and supraclavicular lymph nodes excluded in some studies
- ES-SCLC: 2/3 at diagnosis
 - beyond the ipsilateral hemithorax
 - malignant pleural/pericardial effusion
 - hematogenous metastases

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addition of RT to chemotherapy

- study details:
 - 13 randomized trials
 - n=2103 pts
 - only LS-SCLC
- results:
 - 5% improvement in 3y OS (14.3% vs. 8.9%; p=0.001)
 - larger benefit <55 y)
- similar results reported by Warde meta-analysis:
 - 5% improvement in 2y OS
 - 25% improvement in local control (16.5% vs. 34.1%)



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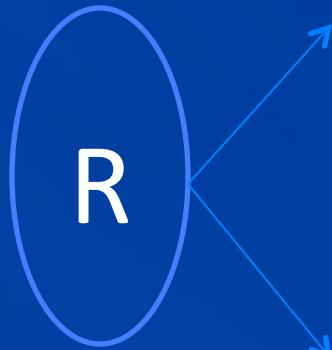
LS-SCLC: concurrent vs. sequential ChT-RT

Advantages for concurrent CRT	Advantages for sequential CRT
<ul style="list-style-type: none">• Reduced risk of repopulation• Radiosensitizing effect of chemo?	<ul style="list-style-type: none">• Smaller target volume → reduced toxicity
Disadvantages for concurrent CRT	Disadvantages for sequential CRT
<ul style="list-style-type: none">• Increased acute toxicity• May not be feasible for elderly or large tumors	<ul style="list-style-type: none">• Longer overall treatment time• Increased repopulation• Development of resistant clones?

LS-SCLC: concurrent vs. sequential ChT-RT

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LS-SCLC
N=231



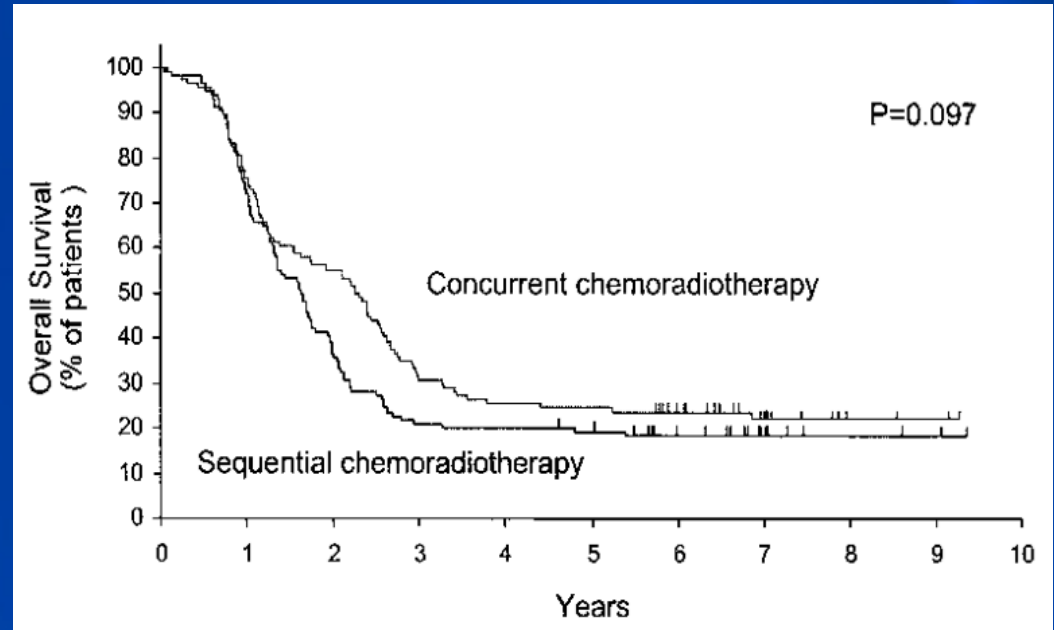
concurrent ChT-RT
RT: 45 Gy BID
ChT: Cis/etoposide q4
wks x 4

Sequential ChT-RT
RT: 45 Gy BID
ChT: Cis/etoposide q3
wks x 4

LS-SCLC: concurrent vs. sequential ChT-RT

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- median OS 27.2 vs. 19.7 months with concurrent ChT-RT ($p=0.097$)
- \geq Grade 3 hematologic toxicity (88 vs. 54%, $p<0.001$)
- no difference in \geq Grade 3 esophagitis (9 vs. 4%, $p=0.2$)



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