# ΕΤΗΣΙΑ ΗΜΕΡΙΔΑ ΟΓΚΟΛΟΓΙΑΣ ΣΤΟΜΑΤΟΣ

«όλοι μαζί βάζουμε χρώμα «Τη ζωή Του Ογκολογικού αεθενούς!»

ακτινοθεραπεία στον καρκίνο κεφαλής τραχήλου

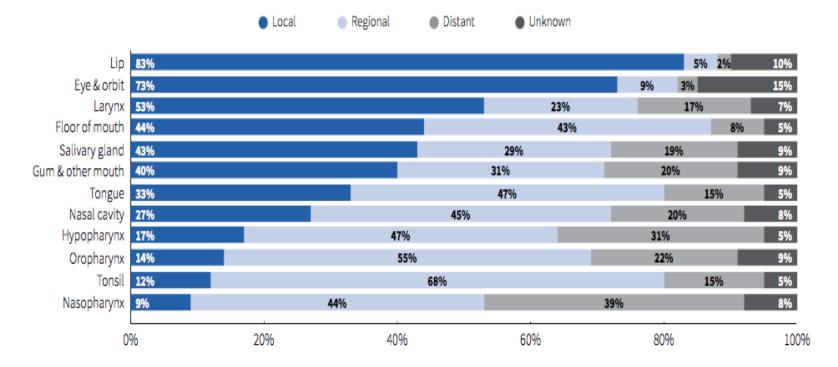
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# epidemiology

✓ squamous cell carcinomas of the head and neck in the U.S. in 2019:

- 65,410 new cases (4 % of U.S. cancers)
- 9<sup>th</sup> most common cancer in males
- 14,620 deaths (2 %); rate is declining
- ✓ globally, these cancers result in:
  - 650,000 cases yearly, 2/3 rds in developing world
  - 350,000 deaths yearly
  - endemic areas of nasopharyngeal cancer and oral cavity cancer
  - 4-5% of world cancer deaths

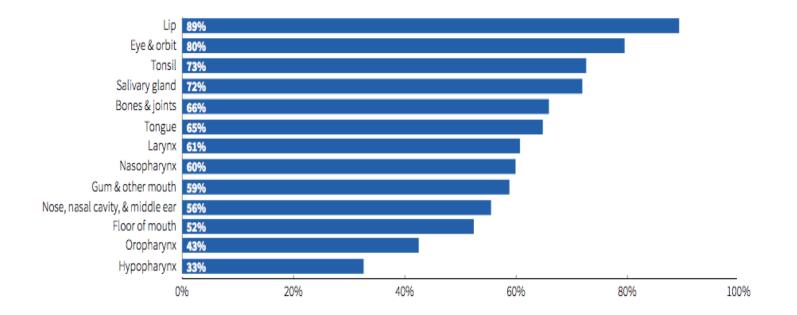
# epidemiology



Source: NAACCR, 2016.

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# epidemiology



\*Survival based on patients diagnosed during 2006-2012 and followed through 2013. Source: SEER 18, 2016.

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#### risk factors

- ✓ tobacco
- ✓ alcohol
- ✓ betel nut chewing
- $\checkmark$  male gender
- $\checkmark$  genetic susceptibility
- ✓ occupational exposure
- $\checkmark$  malnutrition
- ✓ poor dental care
- $\checkmark$  mechanical irritation
- $\checkmark$  chronic viral infection

Stupp R, Vokes EE, 1998 Shaha AR, 2001

### etiology

#### "new kid on the block"

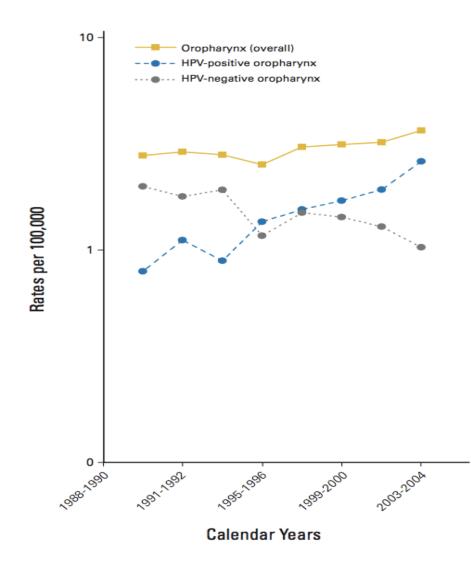
- ✓ association was difficult to establish due to heterogeneity & limited detection methods
- ✓ Syrjanen et al. 1983 "some oral SCC morphologically & IHC features of HPV"



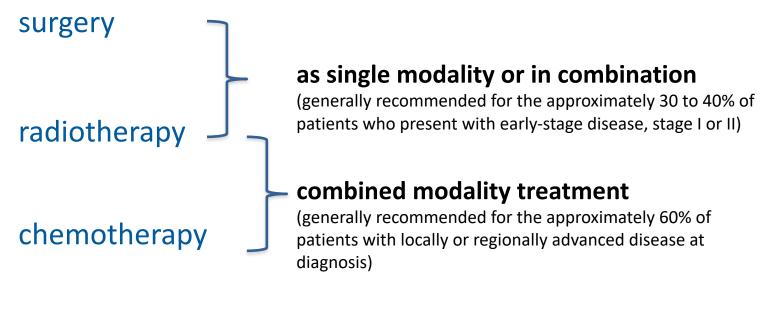
## etiology HPV

- ✓ Gillison et al, 2000 reported PCR detection of HPV DNA with OPC
- ✓ distinct clinical profile
  - younger, Caucasian, non-tobacco smoking, male
  - marijuana intake, multiple sex partners, oral sex
  - tonsil and base of tongue with high predilection for nodal spread
  - exceptionally responsive to all treatments
- ✓ correlation with HIV + and anogenital HPV +
- ✓ 70% of oropharyngeal Ca and incidence is rising unlike other HNSCC

### HPV



#### treatment modalities



new agents

#### combined with RT, ChTRT

# considerations in decision making

- ✓ site of disease
- ✓ pretreatment considerations
  - comorbidities
  - malnutrition
  - oral health
- ✓ morbidity of treatment

#### Head and Neck Cancer Regions

