

9<sup>ος</sup>  
χρόνος

πανελλήνιο συνέδριο  
καθ' οδόν προς το  
**Βέλτιστο** στην **ογκολογία**

Αθήνα

15-17 Απριλίου 2022  
Ξενοδοχείο Grand Hyatt

Θα χορηγηθούν μόρια συνεχιζόμενης  
ιατρικής εκπαίδευσης (CME-CPD)



επιστημονικό  
πρόγραμμα

Θα είναι η "flash therapy" η  
θεραπεία του μέλλοντος;

Ιωάννης Ξ. Γεωργακόπουλος  
Επίκουρος Καθηγητής  
Ακτινοθεραπευτικής Ογκολογίας

# general facts

- approx. 60% of Ca pts are managed with RT sometime during the course of disease
- ionizing radiation causes lethal or sublethal damage to cells resulting in cell death
- acute & chronic toxicity to normal tissues
- novel strategies that maintain the antitumoral effect of RT whilst limiting the extent of toxicities
  - IMRT (VMAT/IGRT)
  - protons

# FLASH therapy history

- 1959 Dewey and Boag “flash effect”  
ultra high dose irradiation protects bacteria compared to conventional dose rate irradiation
- 1967 Town  
ultra high dose rate irradiation on one pulse, higher survival of mammalian cells compared to two pulses
- 1969 Berry et al  
better survival in mammalian cells with ultra high dose irradiation

Dewey DL, Boag JW *Nature* 1959

Town CD. *Nature* 1967

Berry RJ et al. *Br J Radiol* 1969

# FLASH therapy history

- 2014 Favaudon et al: name “**FLASH RT**”

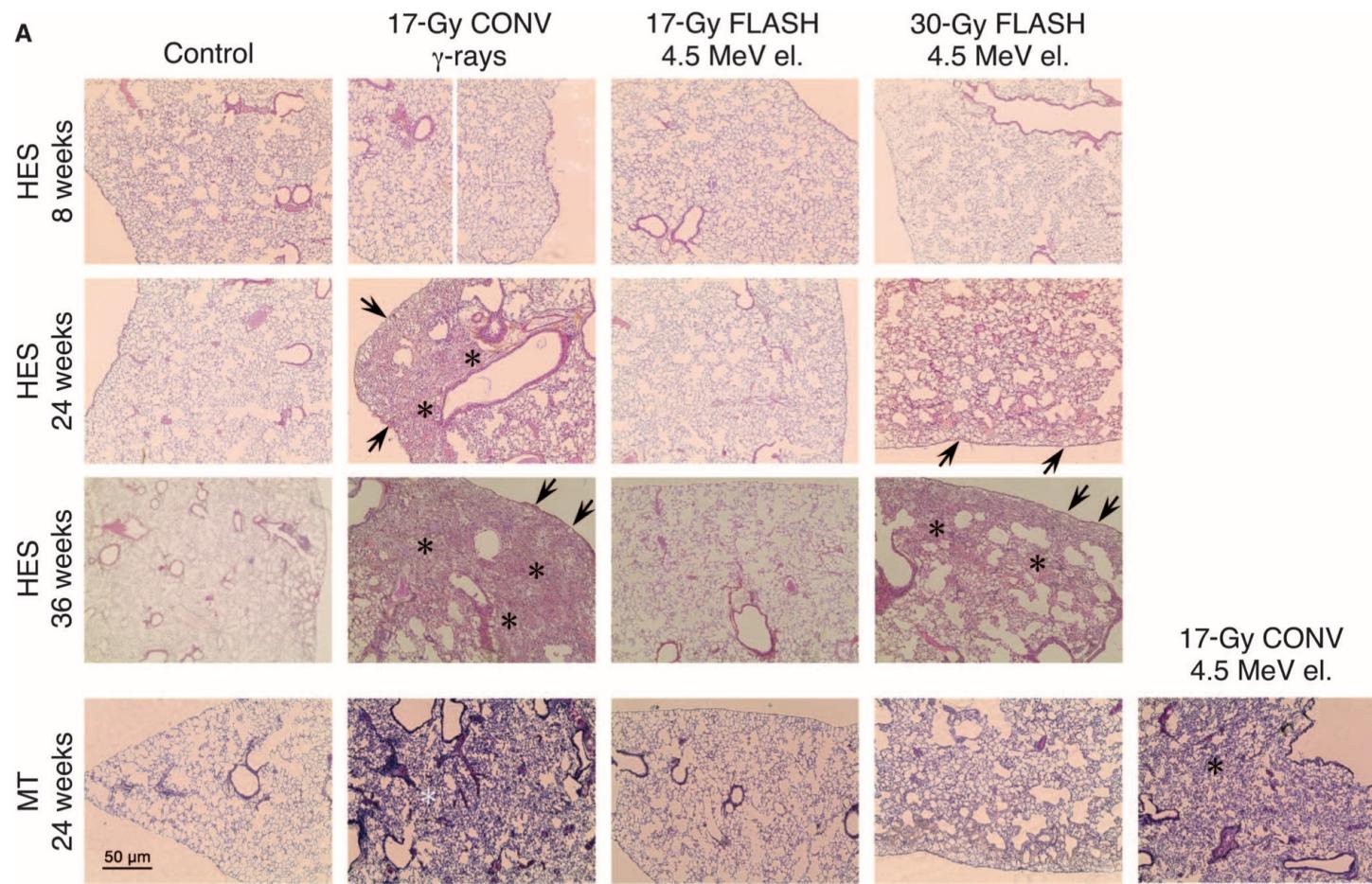
# FLASH therapy history

- 2014 Favaudon et al  
“FLASH” name

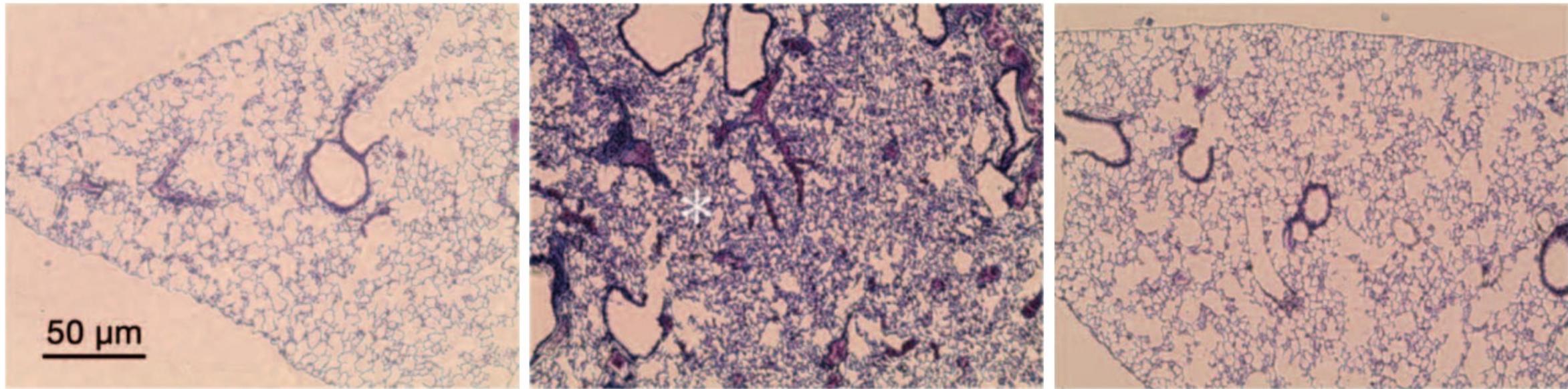
thoracic irradiation of mice; histopathologic pulmonary fibrosis at 36w

- conventional single fr 17 Gy (0.03 Gy/sec):  
moderate & severe pulmonary fibrosis
- 17 or 30 Gy ultra high dose rates (40-60 Gy/sec):  
significant reduced fibrotic effect

# FLASH therapy



# FLASH therapy



**NORMAL  
TISSUE**

**Control**  
0 Gy/s

**SIGNIFICANT  
FIBROSIS**

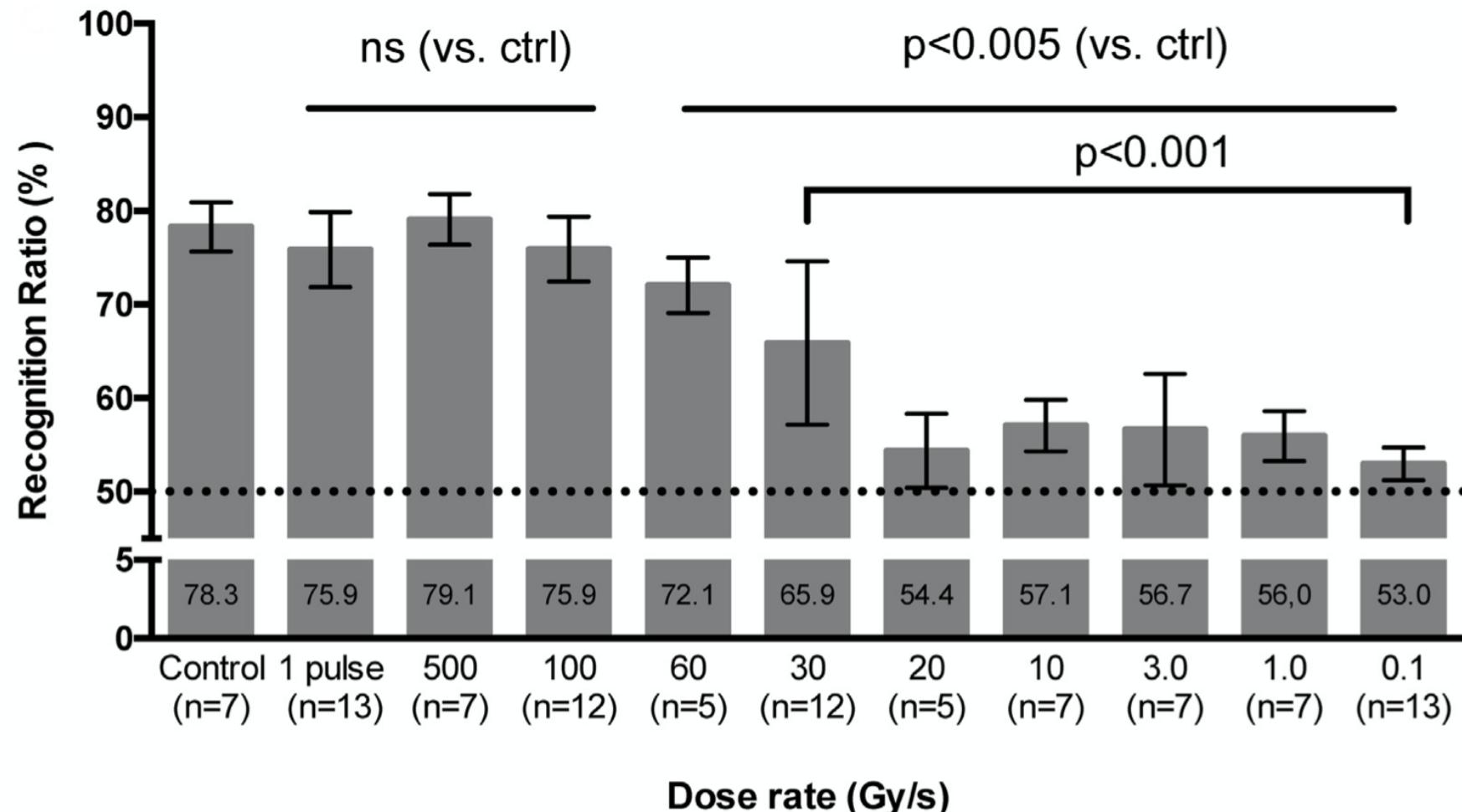
**Standard RT 17 Gy**  
0.03 Gy/s

**NO APPARENT  
DAMAGE**

**FLASH 17 Gy**  
60 Gy/s

less normal tissue toxicity

# FLASH studies brain protection



# FLASH studies brain protection

- as dose rate increased  $\geq 30$  Gy/s mice performed significantly better
- dose rate  $\geq 100$  Gy/s no statistical difference in novel object recognition with control group